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Honey!the Honey Wonder: The Many Wonders of Natural Honey for Beauty, Healing, Natural Cures, Cooking and Lots More (Paperback)

By Lola Cross

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover The Many Wonders Of Honey You Never Thought Of! Over 30 inconceivable natural benefits of Honey! Many of you know how popular honey is and its usefulness in cooking a variety of rich desserts and meals. But did you know that honey contains many hidden natural beauty, healing, cures, and home remedies that works just as much and sometimes, even better than any health supplements and beauty products available? Honey is helpful in lots of ways than most people know. From making beauty recipes with honey such as face masks, lip balms, cleansing solutions, scrub, hair shampoo and conditions to serious conditions like diabetes, asthma, insomnia, obesity and high cholesterol, honey can help you improve your health and obtain healing for common or recurring ailments. All what you need is just stock your home with raw and organic honey and get this book and you will have access to the wealth of information contained therein. You will know all about honey: its varieties, nutritional significance to the body, its myth and facts, its numerous benefits, practical cooking...



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