Emotional Investment: Transforming Psychotherapeutic Assumptions (Paperback)

By G Michael Blahnik

Createspace, United States, 2011. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.Emotional Investment: Transforming Psychotherapeutic Assumptions argues that most current psychotherapies tend to be objective or quasi-objective in their orientation, where objective means that mental health and mental illness are assumed to be objective realities that clinicians can access and impart to patients or clients and that patients or clients can learn (e.g. psychoanalysis, ego psychology, self psychology, behaviorism) and quasi-objective means that though lip service is given to relative realities, the actual assumptions are objective (e.g. cognitive therapy, reality therapy). As such, most psychotherapies today involve a power differential between therapist and client where the therapist, who supposedly has access to objective reality, has power over the client. Emotional Investment is offered as a new form of professional/non-professional interaction in the mental health field that equalizes the power between professional emotional investor (traditionally, the therapist) and the non- professional investor (NPI) (traditionally, the client or patient). It is based upon the philosophy of experientialism that maintains the experience, defined as a necessary combination of cognition, affect, behavior, sensation, environment, and the I is equal to reality. Such a...

READ ONLINE

Reviews

A fresh electronic book with a new perspective. It is one of the most remarkable book we have go through. Your daily life period will likely be transform the instant you full reading this article pdf.
-- Katrine Kohler DVM

Very good eBook and valuable one. This is for anyone who statte that there was not a worth reading. You will not truly feel monotony at at any time of your own time (that's what catalogs are for concerning if you question me).
-- Ms. Ona Muller