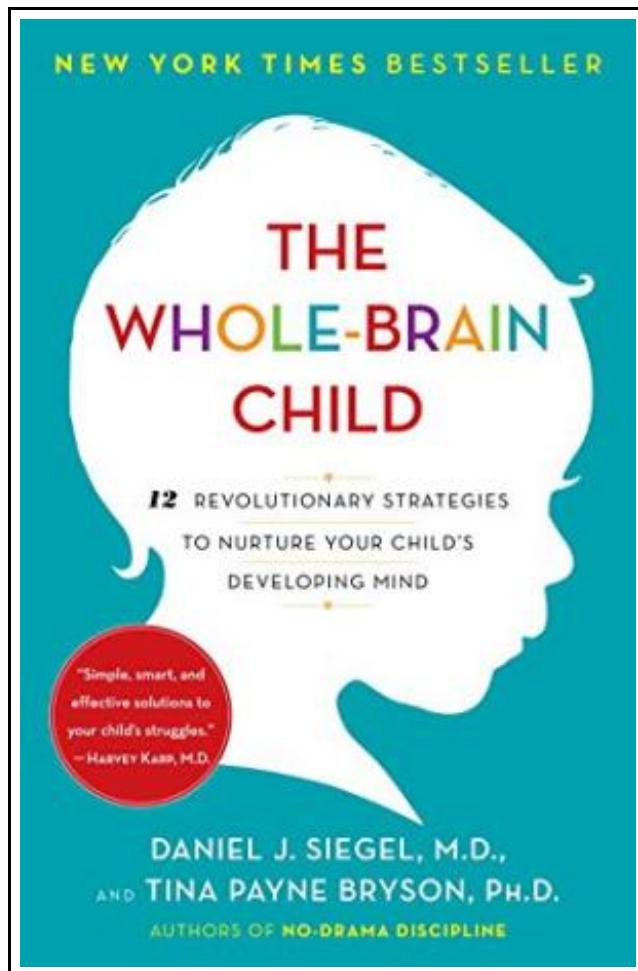


## The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind (Paperback)



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*Extensive guideline! Its this kind of very good study. It really is full of knowledge and wisdom I discovered this book from my i and dad encouraged this publication to understand.*  
*(Mr. Jerry Littel)*

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Random House USA Inc, United States, 2012. Paperback. Book Condition: New. 204 x 130 mm. Language: English. . Brand New Book. NEW YORK TIMES BESTSELLER Simple, smart, and effective solutions to your child's struggles. Harvey Karp, M.D. Daniel Siegel and Tina Payne Bryson have created a masterly, reader-friendly guide to helping children grow their emotional intelligence. This brilliant method transforms everyday interactions into valuable brain-shaping moments. Anyone who cares for children or who loves a child should read *The Whole-Brain Child*. Daniel Goleman, author of *Emotional Intelligence* In this pioneering, practical book, Daniel J. Siegel, neuropsychiatrist and author of the bestselling *Mindsight*, and parenting expert Tina Payne Bryson offer a revolutionary approach to child rearing with twelve key strategies that foster healthy brain development, leading to calmer, happier children. The authors explain and make accessible the new science of how a child's brain is wired and how it matures. The upstairs brain, which makes decisions and balances emotions, is under construction until the mid-twenties. And especially in young children, the right brain and its emotions tend to rule over the logic of the left brain. No wonder kids throw tantrums, fight, or sulk in silence. By applying these discoveries to everyday parenting, you can turn any outburst, argument, or fear into a chance to integrate your child's brain and foster vital growth. Complete with age-appropriate strategies for dealing with day-to-day struggles and illustrations that will help you explain these concepts to your child, *The Whole-Brain Child* shows you how to cultivate healthy emotional and intellectual development so that your children can lead balanced, meaningful, and connected lives. [A] useful child-rearing resource for the entire family . . . The authors include a fair amount of brain science, but they present it for both adult and child audiences....



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