



Emotional Freedom Technique: from the Basic Recipe to Personal Peace (Paperback)

By Cindy MNLP BCH Locher

Lulu.com, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A manual to accompany a workshop on Emotional Freedom Technique. Take your students from a basic understanding of EFT and the Basic Recipe, through more advanced concepts such as the Tell the Story Technique and the Personal Peace Process. For trainers, this manual can be customized and is available as a complete training solution, with PowerPoint slides and a video showing how to conduct the 2-3 hour workshop. 90 days of email reminders and affirmations are available should you choose to lead your students through the 90 day Personal Peace Process. A complete workshop. To purchase the workshop and have the manual customized, contact the author through her website, .



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