



The Splintered Mind: Understanding Schizophrenia

By Vijay Nagaswami

Penguin, New Delhi, India, 2004. Paperback. Book Condition: New. Dust Jacket Condition: New. First Edition. Schizophrenia is a term we tend to use casually to refer to anything from unpredictable behaviour to two-facedness. But what precisely is it? A split personality? Mental retardation? A personality disorder? Divine retribution for a misspent youth? It is none of these, says eminent psychiatrist Dr Vijay Nagaswami, as he proceeds in *The Splintered Mind: Understanding Schizophrenia* to dispel these and other myths about the mental illness that many people in India know little about. This book, written to commemorate the twentieth anniversary of the Schizophrenia Research Foundation (India), attempts to fill this gap. It examines a variety of facets of schizophrenia and explores its causes, its clinical manifestations, its medical treatment and what are called psychosocial interventions: cognitive and social skills training, family care, vocational rehabilitation, creative therapies and other psychotherapies. The work of the non-governmental sector in the field of psychosocial interventions is also highlighted. Printed Pages: 240. Size: 13 Cms x 20 Cms.



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