

## AGEING, NUTRITION AND HEALTH



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2016. Hardcover. Book Condition: New. 196 ABOUT THE BOOK :-Aging Nutrition and Health is the outcome of more than two Decades of Research work carried on by Nutrition Professionals in the field of Geriatrics and Gerontology. Several important aspects of Gerontology such as, Situational Analyses of Demographic, Diet and Health Profiles of Elderly in Different Settings including Old Age Homes, Factors Affecting Longevity, Mental Health and Nutritional Disorders in Aged, Appropriate Foods for Geriatric Diet; and some major aspects of Care Giving are covered in a detailed manner. Besides relevant and useful information on Geriatric like health assessment tools, national policies and many more aspects are also included. Since the topics covered are of major relevance and importance in context of ever increasing living elderly population of India, this Book must serve as a useful guide and reference point for further studies and activities of Researchers, Professionals and Students involved in Geriatric Research as also Care Givers in different settings like Hospitals and, Old Age Homes. ABOUT THE AUTHOR :- Dr. Pallavi Mehta Retired Head and Professor of Foods & Nutrition Department from M.S. University, Vadodara in 2012. She has more than 40 years experience in Teaching and Research. Her Focus area of Interest is Geriatric Nutrition. She has published more than 60 Papers in reputed National and International Journals and written several Monographs, Chapters in Books and Project Reports. A national level scholar she is the recipient of many professional awards including Rashtriya Gaurav Puraskar by International Friendship Society. She is a Registered Dietician recognised by Indian Dietetic Association (IDA). As member of many Professional and academic bodies she has held important positions like Vice President of IDA, Gujarat; President of Alumni Association F&N MSU etc. She is the co-author of "Mental Health and Ageing Women" published in 2008....



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